



Children's Counselling Services

South Essex

BCCS

Child and Family Counselling Service including Play Therapy



133 High Street, Billericay, CM12 9AB



<https://www.bccs.org.uk/how-we-help/support-families/>



headoffice@bccs.org.uk



01277 712022



The Blooming Minds Project

Cognitive Behavioural Therapy for Children and Young People



Brentwood, Stock and Chelmsford



<https://www.thebloomingmindsproject.org/>



milly.thebloomingmindsproject@outlook.com



07800 594 812



BOSP

Counselling for children with additional needs and their siblings



The BOSP Office, Wat Tyler Country Park, Pitsea Hall Lane, Basildon, SS16 4UH



<https://www.bosp.co.uk/community/bosp-brighter-opportunities-for-special-people-13333/home/>



enquiries@bosp.co.uk



01268 553117



BOSP

Brighter Opportunities
for Special People



children's counselling services- South Essex

Havering & Brentwood Bereavement Services (HBBS)

Child bereavement and general counselling



Havering & Brentwood Bereavement Services, Communications House, 200 William Hunter Way, Brentwood, CM14 4WQ



<https://www.hbbscounselling.org/>



enquires@hbbs.counselling.org



01277 283199



Luke's Counselling Service

For children and young people with life limiting conditions, or whose family member has a life limiting condition, and bereavement counselling



St Luke's Hospice, Fobbing Farm, Nethermayne, Basildon SS16 5NJ



<https://www.stlukeshospice.com/the-patient-and-family-pre-bereavement-support-service>



lukes.counsellingservice@nhs.net



01268 524973





children's counselling services - South Essex

Motivated Minds

Provide a range of practical mental health services to people of all ages starting at 4 years.



HAPPY Hub, Eastgate Shopping Centre, Basildon, Essex



<https://www.motivated-minds.co.uk/one-to-one-support>



admin@motivated-minds.co.uk



<https://www.motivated-minds.co.uk/contact-10>



01268 520785



Protea Counselling

Child, young people and adult integrative counselling



Brentwood: Unit 2, Hunters Chase Garden Centre, Hunters Chase, Brentwood, CM13 1SN



<https://proteacounselling.uk/>



<https://proteacounselling.uk/contact/>



07394638524





children's counselling services - South Essex

Renew Counselling

Counselling for children, young people and adults



Basildon: Bodey House, Church Walk, Basildon, SS14 1WW



<https://renew.org.uk/>



bridgeadmin@renew.org.uk



01268 822800



Counselling for young people aged 11-18



Brentwood: 15 Shenfield Road, The Hermitage site, Brentwood, CM15 8AG



ypcs@renew.org.uk



01277 230831

Contact Us



Visit our website
snapcharity.org



Contact our helpline
01277 211300



Email us
familyteam@snapcharity.org

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