



Sensory/Motor Function Uniform Adaptions

It is now possible to buy items of school uniform that have been adapted to cater for a range of needs. Some items have been modified to allow those with physical or motor function difficulties to dress independently. You can also find adaptions that take into consideration common sensory sensitivities.

These are some examples of ways uniform can be adapted:

- Socks and clothing without seams
- Magnetic/Velcro fastening belt buckles
- Trousers with elastic waist or Velcro fly closures
- Items with “faux buttons” that have Velcro, snap fastenings or magnets beneath
- Jumpers with shoulder openings to expand the neck - to aid dressing and undressing
- Seam free, tight under shirts and leggings - to be worn under uniform
- Sensory tape or fabric patches to cover labels or seams
- No-tie stretchy shoe lace replacements for trainers and smart shoes
- Front opening or slip on shoes



Imagine: Freepik.com

Adapted items can be found from a variety of sources, and we always strongly suggest that personal research is carried out prior to purchase. Ensure you have also checked each supplier’s return policy. You could also explore the possibility of having existing items of clothes adapted by a clothing alteration company.



Imagine: Freepik.com

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Here are some online suppliers of premade adapted school uniform

- George at ASDA - Easy On, Easy Wear - <https://direct.asda.com/george/school/easy-on-easy-wear/D10M5G1C15,default,sc.html>
- Marks and Spencer - Easy Dressing - <https://www.marksandspencer.com/l/kids/easy-dressing>
- Sensory Smart - [Sensory Outerwear / Schoolwear – Sensory Smart](#)
- Fledglings - [Sensory Schoolwear shirts, trousers, sock & shoes | Fledglings](#)
- Tink 'n' Stink - Easy Laces - <https://www.tinknstink.co.uk/notie-shoe-laces>
- Adaptive Clothing - [School Uniform - Adaptive Clothing UK](#)

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