



Private Autism/ADHD Assessment Clinics - Essex

Assessments for autism and ADHD are offered under the NHS for all ages, however some people may choose to explore a private assessment for a variety of reasons. The contacts on this information sheet are *not* recommended or endorsed by SNAP but aim to give families a starting point for their own research. When considering a private assessment there are some important things to discuss or consider.

- What is the **occupation** and the **qualifications** of the person(s) carrying out the assessment?
- Does the clinic follow the **NICE guidelines** for assessment?
- What are the **full costs** involved?
- What type of **assessment tool(s)** do they use?
- What do they offer **following the assessment** and what will be included in any **reports**?
- If you are seeking an **ADHD** assessment and considering **medication** options following a diagnosis, is this something the clinic can provide and what costs are involved? *Please bear in mind the NHS may not take on a private prescription.*
- Is the clinic also commissioned by the NHS to do assessments?
- Are they able to refer onto therapy services if required e.g. Speech and Language or Occupational Therapy?

Acorn Autism Specialists

Website: <https://www.acorn-autism.co.uk/>

Email: info@acorn-autism.co.uk

Telephone: 01376 402284

Address: Acorn Autism Specialists, Suite A, Bridgefoot Studios, Kelvedon, Braintree, CO5 9BE

Services: Autism assessment for children, young people and adults



Autism Anglia

Website: <https://www.autism-anglia.org.uk/Pages/Category/diagnostics>

Email: info@autism-anglia.org.uk

Telephone: 01206 577678

Address: Head Office address 59 North Hill, Colchester, CO1 1QF

Services: Autism assessment for children, young people and adults



The Autism and ADHD Service

Website: <https://autismandadhdservice.com/>

Email: info@autismandadhdservice.com

Telephone: 01843 663116

Address: Clinic in Chelmsford address Arise Chelmsford Innovation Hub, Alan Cherry Drive Chelmsford, CM1 1QT

Services: Autism assessments, with additional ADHD and ARFID assessments for children, young people and adults



The contacts and links given via this SNAP information sheet have been shared as a starting point for your own research. We believe the information to be genuine and correct at the time of publishing, however no responsibility for loss occasioned by any person acting or refraining from acting as a result of the material contained herein can be accepted by SNAP.



Private Autism/ADHD Assessment Clinics - Essex

The Holly Hospital (Nuffield Health)

Website: <https://www.nuffieldhealth.com/hospitals/the-holly/paediatrics-at-the-holly>

Online Enquiry: <https://www.theholly.com/contact-us/get-in-touch/>

Telephone: 0208 505 3311

Address: High Road, Buckhurst Hill, Essex IG9 5HX

Services: Autism, ADHD, Developmental Delay, Dyslexia and Dyspraxia assessments for children and young people



Mina Essex

Website: <https://www.minaessexautismadhdidiagnosticcentre.com/>

Email: mina.medical@hotmail.com

Telephone: 01702460164

Address: 277 South Avenue, Southend-on-Sea, SS2 4HS



National Autistic Society

Website: <https://www.autism.org.uk/what-we-do/diagnosticservices>

Online Enquiry: <https://www.autism.org.uk/what-we-do/diagnosticservices/enquiry>

Address: The Lorna Wing Centre in Bromley Kent



NurtureNeuro Autism and ADHD service

Website: [ADHD Assessment Essex | Autism Assessment Essex](#)

Online Enquiry: [Contact Us | Learning Difficulty Assessment | ADHD Test Essex](#)

Address: Warley Grange Health Clinic, Brentwood, CM13 3HX



The Priory Group

Website: <https://www.priorygroup.com/locations/individuals/priory-hospital-chelmsford>

Email: chelmsford@priorygroup.com

Telephone: 0330 822 2915

Online Enquiry: <https://www.priorygroup.com/make-an-enquiry>

Address: Priory Hospital Chelmsford, Stump Lane, Springfield Green, Chelmsford, Essex, CM1 7SJ



Provide Wellbeing

Website: <https://providewellbeing.co.uk/services/neurodevelopmental-services/assessment-pathways/>

Email: hello@providewellbeing.co.uk

Online Enquiry: <https://www.providewellbeing.co.uk/contact-us/>

Telephone: 0300 303 9966



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Private Autism/ADHD Assessment Clinics - Essex

Sundance House

Website: <https://www.sundancehouse.co.uk/>

Email: psychologyservices@sundancehouse.co.uk

Telephone: 07407 320297

Address: Sundance House Limited, 131-133 Roman Road, Mountnessing, Brentwood, CM15 0UD

Services: Autism, ADHD, Cognitive Functioning, Social Communication Difficulties, Dyslexia and a range of mental health assessments for children, young people and adults.



Please scan QR code or click on the link to access this and our other information sheets

[Downloadable Survival Guides, Information and Resources from SNAP](#)

