



# Swimming Tutors and Schools

## Aqua Aims

South Essex Based SEN Parent Support Swim Classes  
Lee Chapel School, The Knares, Basildon, Essex, SS16 5RU

🌐 **Website:** <https://aquaaims.com/>

• **Email:** [info@aquaaims.com](mailto:info@aquaaims.com)

☎ **Tel:** 07930 139634

## Aquagem

Rough Hill Farm Complex, The Tye, East Hanningfield, Essex, CM3 8BY

Aquagem offers baby, toddler, pre-school and school age swim sessions in their purpose built pool, which has been designed around the needs of young people and their parents.

🌐 **Website:** <http://www.aquagem-swimming.co.uk/>

• **Email:** [gemsinclair@hotmail.com](mailto:gemsinclair@hotmail.com)

☎ **Tel:** 07961 823581

## Aquarium Swim School

Shenfield High School, Alexander Lane, Shenfield, Essex, CM15 8RY

Aquarium Swim School offers adult and child swim sessions. They limit class sizes to smaller groups. Their teaching programme features an additional needs series.

Contact Elaine Welsh

🌐 **Website:** [www.aquariumswimschool.co.uk](http://www.aquariumswimschool.co.uk)

• **Email:** [info@aquariumswimschool.co.uk](mailto:info@aquariumswimschool.co.uk)

☎ **Tel:** 01708 767203



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## Aquatots

2 Locations:

South Weald (CM14 5QW) levels 1-14, Rochford (SS4 1XS) levels 1-14

Teaching babies to swim - 25+ years across the South East

🌐 **Website:** <https://aquatots.com/>

• **Email:** [info@aquatots.com](mailto:info@aquatots.com)

☎ **Tel:** 0208 688 6488

## Brentwood School Swimming Lessons

Middleton Hall Lane, Brentwood, Essex, CM15 8EE

Brentwood School teach swimmers at 10 different ability groups throughout the year. Their term-time group swimming sessions are designed to be flexible and affordable.

🌐 **Website:** <https://www.brentwoodschool.co.uk/sports-centre/>

• **Email:** [sportscentre@brentwood.essex.sch.uk](mailto:sportscentre@brentwood.essex.sch.uk)

☎ **Tel:** 01277 243344

## Colchester Phoenix ASC

Cowdray Avenue, Colchester, Essex, CO1 1YH

The Phoenix Swimming Club offers a wide range of water based activities for people with disabilities.

🌐 **Website:** [Colchester Phoenix ASC - Home](#)

• **Email:** [tracy.phoenix.swim@outlook.com](mailto:tracy.phoenix.swim@outlook.com)

☎ **Tel:** 01206 282000



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## Elaine's Swim School

The Coopers' Company and Coburn School, St. Mary's Lane, Upminster, Essex, RM14 3HS, The Harris Academy, Erriff Drive, South Ockendon, Essex, RM15 5AY

🌐 **Website:** [www.elainesswimschool.co.uk](http://www.elainesswimschool.co.uk)

☎ **Tel:** 01708 787280

## Elites Swimming

Elites Swimming offers group lessons and private lessons at several locations across Basildon and Billericay.

🌐 **Website:** [www.elitesswimming.co.uk](http://www.elitesswimming.co.uk)

• **Email:** [elitesswimming@gmail.com](mailto:elitesswimming@gmail.com)

☎ **Tel:** 07761 296144

## Everyone Active

Everyone Active offers a variety of different swimming lessons for all ages nationwide.

🌐 **Website:** <https://www.everyoneactive.com/courses-lessons/>

## First Strokes Swim School

4 different locations: Billericay, Godmanchester, Ipswich, Stanway

First Strokes Swim School make sure that whatever the ability, individuals will be able to enjoy their time in the water. First Strokes model each lesson to suit the individual student abilities within the group.

🌐 **Website:** [www.firststrokes.com](http://www.firststrokes.com)



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## Forrester Park Swimming Pool

Beckingham Road, Great Totham, Maldon, Essex, CM9 8EA

Forrester Park Swimming School offers 1:1 sessions for all ages, crash courses and private hire.

🌐 **Website:** <https://forresterparkpool.co.uk/>

• **Email:** [swim@forresterparkpool.co.uk](mailto:swim@forresterparkpool.co.uk)

☎ **Tel:** 01621 893700

## Get In the Swim

Get In the Swim offers swimming sessions in the Chelmsford area, as well as Danbury, East Hanningfield and Maldon. They keep their classes small to focus more attention on the swimmers. They offer lessons to all ages and abilities, and have experience in teaching children with additional needs.

🌐 **Website:** <http://www.getintheswim.co.uk/>

• **Email:** [info@getintheswim.co.uk](mailto:info@getintheswim.co.uk)

☎ **Tel:** 07765 355532

## Hamelin Hydrotherapy Pool

Sutton Bridge Farm, Sutton Road, Rochford, Essex, SS4 1XS

The Hamelin Hydrotherapy pool is open to people with learning disabilities, their families and the general public. It is set to a slightly higher temperature than traditional swimming pools. The pool is wheelchair accessible with a ceiling hoist which can support individuals from the changing rooms directly into the water. They have specially equipped changing facilities with large showers, changing beds and toilets.

🌐 **Website:** [Health And Wellbeing | Hamelin](https://www.hamelintrust.org.uk/Health-And-Wellbeing)

• **Email:** [enquiries@hamelintrust.org.uk](mailto:enquiries@hamelintrust.org.uk)

☎ **Tel:** 01277 653889



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## Level Water

Level Water is a national charity getting more children with disabilities learning how to swim. They do this by working with local swimming pools to provide a programme of affordable and expert 1:1 swimming lessons to children with physical, visual and hearing impairments. They subsidise 1:1 lessons so they cost the same as a mainstream group lesson for the parents. They fund lessons for children aged 4-11, who cannot currently swim 10 metres, with a physical disability or visual/hearing impairment. Unfortunately, they are not currently able to support children with other disabilities.

- **Website:** <https://www.levelwater.org/>
- **Email:** [contact@levelwater.org](mailto:contact@levelwater.org)

## Marlin's Swim School

4 different locations: Moulsham High School, The Boswells School, Newlands Spring School—Chelmsford, Harris Academy—South Ockendon

- **Website:** [www.marlins-swimschool.co.uk](http://www.marlins-swimschool.co.uk)
- **Email:** [learn2swim@marlins-swimschool.co.uk](mailto:learn2swim@marlins-swimschool.co.uk)
- **Tel:** 01245 225029

## Runnymede Leisure Centre

Kiln Road, Benfleet, Essex, SS7 1TF

The Runnymede Leisure Centre offers sessions for children and young people with additional needs and physical disabilities. They have wheelchair access to the pool, as well as accessible parking and changing room facilities. Runnymede Swimming Pool also has a hoist for entry and exit in and out of the pool, if required.

- **Website:** <https://castlepointleisure.co.uk/activities/swimming-lessons/>
- **Email:** [Leisure@castlepoint.gov.uk](mailto:Leisure@castlepoint.gov.uk)
- **Tel:** 01268 756514



# Swimming Tutors and Schools

## Sabrina Mercury Swimming Academy

Oakfields Montessori School

Harwood Hall Lane, Upminster, RM14 2YG

The Sabrina Mercury Swimming Academy offers high quality swimming lessons to children and adults of all abilities.

🌐 **Website:** [www.smswimmingacademy.com/](http://www.smswimmingacademy.com/)

## Swimming Tales Ltd

Lubbards Lodge Farm, Hullbridge Road, Rayleigh, Essex, SS6 9QG

Swimming Tales Ltd offers group lessons and private tuition. They specialise in a wide range of swimming courses and swimming activities including SEN holiday sessions.

🌐 **Website:** <https://swimmingtales.co.uk/contact/>

• **Email:** [info@swimmingtales.co.uk](mailto:info@swimmingtales.co.uk)

☎ **Tel:** 01268 786786

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