



# Independent Occupational Therapists

## South Essex

### Occupational Therapy Essex

Ingrave Enterprise Centre, Brentwood, Essex, CM13 3QH

🌐 **Website:** [www.occupationaltherapyessex.co.uk](http://www.occupationaltherapyessex.co.uk)

• **Email:** [abi@occupationaltherapyessex.co.uk](mailto:abi@occupationaltherapyessex.co.uk)

☎ **Tel:** 07903 085883

## Southend

### Sensory Integration Assessment & Therapy Service

Therapy Life Centre, 11 Prittlewell Chase, Westcliff-on-Sea, Essex, SS0 ORX

🌐 **Website:** [www.therapylifecentre.co.uk](http://www.therapylifecentre.co.uk)

• **Email:** [info@therapylifecentre.co.uk](mailto:info@therapylifecentre.co.uk)

☎ **Tel:** 01702 433959

## West Essex

### My World Therapy

East Hertfordshire, West Essex and North London

🌐 **Website:** <https://myworldtherapy.co.uk/>

• **Email:** [info@myworldtherapy.co.uk](mailto:info@myworldtherapy.co.uk)

☎ **Tel:** 07380 286811

## Mid Essex

### Rainbow Therapy 4 Children

Works across Essex, Suffolk, Cambridge, Hertfordshire and North/East London

🌐 **Website:** [www.otphysio4children.co.uk](http://www.otphysio4children.co.uk)

• **Email:** [rainbowtherapy4children@hotmail.co.uk](mailto:rainbowtherapy4children@hotmail.co.uk)

☎ **Tel:** 07743 033793



# Independent Occupational Therapists

## North Essex

### Aurora Children's Therapy

Colchester, Essex, CO6

- 🌐 **Website:** <https://www.aurorachildrenstherapy.co.uk/>
- **Email:** [info@aurorachildrenstherapy.co.uk](mailto:info@aurorachildrenstherapy.co.uk)
- ☎ **Tel:** 07393 896171

### Jump Start Children's Therapy Centre

Park House, 50 Maldon Road, Witham, Essex, CM8 1HN

- 🌐 **Website:** [www.jumpstartcentre.co.uk](http://www.jumpstartcentre.co.uk)
- **Email:** [info@jumpstartcentre.co.uk](mailto:info@jumpstartcentre.co.uk)
- ☎ **Tel:** 07885 732489

### Kids Therapy Works Ltd

Barn 2, Green Farm Barns, School Road, Copford, Colchester, Essex, CO6 1BZ

- 🌐 **Website:** [Kids' Therapy Works \(kidstherapy.works\)](http://Kids' Therapy Works (kidstherapy.works))
- **Email:** [info@kidstherapyworks.co.uk](mailto:info@kidstherapyworks.co.uk)
- ☎ **Tel:** 01206 212849

### The Great Little OT Practice

12 Morton Road, Great Totham, Essex, CM9 8QB

- 🌐 **Website:** <https://www.thegreatlittleotpractice.co.uk/>
- **Email:** [aaron@thegreatlittleotpractice.co.uk](mailto:aaron@thegreatlittleotpractice.co.uk)
- ☎ **Tel:** 07739 399187



# Independent Occupational Therapists

## National Directory

### Royal College of Occupational Therapists

A national directory of registered Independent Occupational Therapists

🌐 **Website:** <https://rcotss-ip.org.uk/find>

☎ **Tel:** 0203 141 4630

## Surrounding Counties

### Evolve Children's Occupational Therapy, Speech Therapy & Physiotherapy

Corinna Laurie

7 Grange Way, Hartley, Kent, DA3 8ES

🌐 **Website:** [www.evolve-cts.com](http://www.evolve-cts.com)

- **Email:** [info@evolve-cts.com](mailto:info@evolve-cts.com)

☎ **Tel:** 01474 705040

### The Sensory Smart Child Ltd

Paediatric Occupational Therapy

Unit 6 Walton Business Centre, 44-46 Terrace Road, Walton on Thames, Surrey,  
KT12 2SD

🌐 **Website:** [www.thesensorysmartchild.com](http://www.thesensorysmartchild.com)

- **Email:** [info@thesensorysmartchild.com](mailto:info@thesensorysmartchild.com)

☎ **Tel:** 01932 259831



# Independent Occupational Therapists

Please scan QR code or click on the link to access this and our other information sheets

[Downloadable Survival Guides, Information and Resources from SNAP](#)



The contacts and links given via this SNAP information sheet have been shared as a starting point for your own research. We believe the information to be genuine and correct at the time of publishing, however no responsibility for loss occasioned by any person acting or refraining from acting as a result of the material contained herein can be accepted by SNAP.