



SNAP - www.snapcharity.org

SNAP is an Essex charity whose aim is to inform, encourage and support families with children and young people who have any additional need or disability, allowing parents and carers to grow in strength and knowledge so they are better equipped to give the best possible help to their children.

From its Brentwood base, SNAP offers a helping hand to thousands of families who need support. No formal diagnosis or professional referral is necessary to access SNAP services, available to families of children and young people aged 0 to 25.

The charity's vision is to provide a safe environment offering a wide range of support and specialist services with the aim to increase resilience and empowerment within our families. SNAP's ethos is about strengthening all members of the family.

Registered Charity No. 1077787

Please quote SNAP's charity number in any promotion

"Having you with us through this journey has been the thing that has held my little family together."

Contact details

SNAP

The SNAP Centre,
Pastoral Way, Warley, Brentwood
Essex, CM14 5WF

01277 211300
info@snapcharity.org

Fundraising Office:
01277 245345
fundraising@snapcharity.org

SNAP Values

Supporting, Welcoming,
Encouraging and Empathetic.

Non-judgemental, Understanding,
Caring and Compassionate.

Always Consistent,
Reliable and Dependable.

Professional, Knowledgeable,
Trustworthy and Respectful.

8,552

**Helpline calls
and emails
answered
during 2021**

3,166

families are currently
being supported by SNAP.
In 2021, we registered
523
new families.

SNAP is currently offering a wide range of services - at the centre, remotely or hybrid - to meet the needs of its families

- Helpline and Face-to-Face Parent Support
- Specialist Talks and Training Courses
- Online Directory and Information Network
- Counselling, Benefit and Educational Advice
- Library of Specialist Books and DVDs
- Parent and Pre-School Children Sessions
- After-School and Holiday Sessions for Children and Young People
- Sibling Support

Making the difference

"Without SNAP's support I doubt I would understand my child at all. I could list so many things SNAP has given us as a family but most importantly you have given me the confidence to fight for my child. SNAP has given my child a chance for a righter future. We are indebted to you all for understanding, supporting and encouraging."

Join the SNAP community

Facebook: [@SnapCharity](https://www.facebook.com/SnapCharity)

Twitter: [@snapcharity](https://twitter.com/snapcharity)

Instagram: [snap_charity](https://www.instagram.com/snap_charity)

Join SNAP to receive updates on our latest activities and SNAP Matters magazine: www.snapcharity.org

SNAP stays strong for families

SNAP continues to deliver the best possible help to families across Essex since the charity began in 1994.

Phone and Email Helpline

SNAP's Family Support Advisers provide an essential listening ear and offer advice to parents and carers for registered and new families. They also provide face-to-face and longer telephone appointments with families who need more in-depth support. This service is regularly described as an essential lifeline for families.

Activity Sessions

A wide range of activity sessions for children / young people who have any additional needs, their siblings and their parents/ carers to participate in either at The SNAP Centre or virtually. Nurturing sessions for children to build their confidence and social skills while parents can access support and a Specialist Library.

Counselling

SNAP appreciates families who have children and young people with additional needs may experience extra stresses which can sometimes become overwhelming. Their team of highly-experienced counsellors provide additional emotional support when it is hard to cope with face-to-face and virtual parent, child or family sessions.

Specialist Talks

SNAP organises a diverse calendar of specialist talks and workshops for parents and professionals. Currently FREE to registered families following funding from NHS Charities Together and Mid and South Essex Hospitals Charity. SNAP's training aims to arm parents and carers with strategies that will make a real difference.

Online Resources

An online Directory provides a comprehensive guide to over 1,300 useful contacts and an Information Network contains current social opportunities, and updates relating to benefits and provision sorted by age groups. SNAP also produce 'Survival Guides' to help with extra stressful times such as Christmas, school transition and holidays.