

# Issue 14 // Spring 2022

Sharing news of SNAP's (Special Needs And Parents) important work



THIS ISSUE

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SNAP sweeps the board at local community awards events

### 4 Songs of praise

Our music therapy choirs hit the right note with attendees

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SNAP dad raises money with London Marathon debut

### about us

"Our 14-year-old son found out last year he is autistic and counselling is helping him to make sense of things. When we visit SNAP we are so welcomed by the team - they are truly inspirational and seem to love their work."



### Making a difference

Special Needs And Parents is an Essex charity that helps families with children and young people who have any special need or disability

SNAP offers a helping hand to thousands of families who need support in a variety of ways. No formal diagnosis or professional referral is necessary to access SNAP services, which is available to families of children and young people aged 0 to 25.

#### SNAP is currently offering a wide range of services - at the centre, remotely or hybrid - to meet the needs of its families

- Helpline and Face-to-Face Parent Support
- Specialist Talks and Training Courses
- Online Directory and Information Network
- Counselling, Benefit and Educational Advice
- Library of Specialist Books and DVDs
- Parent and Pre-School Children Sessions
- After-School and Holiday Sessions for Children and Young People
- Sibling Support





SNAP contact information: Call - 01277 211300 Email - info@snapcharity.org Website - www.snapcharity.org

### welcome

### A New Year, a new CEO!



Karen Boath - appointed to the newly created Chief Executive role at the end of last year - says she is determined to continue to provide families with 'gold star' service. Karen, who has worked at the charity for 16 years, says it is vital SNAP is there for families especially as other sources of support have decreased in recent years. As SNAP continues to grow the main challenge for Karen and her team will be to keep up with demand.

"We're proud of the service we offer which gives parents the confidence to know they are supported and enables them to build relationships with other families, reducing isolation."

Karen joined SNAP in 2006, enthused to work in an environment where she could really make a difference, and loved the fact that SNAP offers a bespoke service for each individual family.

"When I joined SNAP we had four team members working in a community hall. In my first week the team were looking at plans for the renovation of a nearby vacant building. It was very exciting to be a part of the transformation and we now have a fantastic purpose-built centre and a wide variety of services.

Karen says she intends to continue to be a 'hands on' boss working with families on a daily basis to best understand how SNAP can help.

"It makes me frustrated when there is injustice. I see how hard our families have to fight daily and I want to make sure that we do all we can to help them in any way possible."

Speaking on behalf of SNAP's board of Trustees, Chair Mandy Carr, said: "We are excited to see Karen take the helm as her considerable experience of SNAP's services and industry expertise will ensure that we continue to deliver what our families need. As part of SNAP's continuing evolution we are well placed to meet our future aspirations as the charity heads towards its 30th Anniversary in 2024 and beyond."

Karen's appointment is one of several changes to SNAP's senior management team which will see the arrival of a new Finance Director in February 2022.

### End of an era as Christina departs

Finance and Fundraising Director Christina Stubbs will be stepping down from the charity as she is set to retire at the end of January after an impressive two decades.

"Christina has played an incredibly pivotal role in the growth of SNAP and her invaluable contribution has been instrumental in SNAP attaining the level of excellence the charity has reached today," said Karen.

"Working in partnership alongside Christina has been an honour and her skills and commitment will be missed by everyone in the team and the wider SNAP community. Our thanks go out to her for all she has achieved and we wish her a very well-deserved retirement - and trust she won't forget us."



Speaking on behalf of SNAP's board of Trustees Chair, Mandy Carr, said: "It is hard to put into words the contribution that Christina has made to SNAP in her 21 years. She has been central to the evolution of SNAP into the award-winning charity it is today. With oversight of all income generation and expenditure her sound financial management has enabled SNAP to offer the range of services it does today. She has laid the foundations for SNAP to continue its growth in a balanced and sustainable manner. Her wise counsel will be missed. We all wish her every happiness in her retirement and hope to see her at future SNAP events as she'll always be part of the team.

For views/future articles, contact editor, Michelle - m.andrews@snapcharity.org
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# highlights

# **SNAP's triple triumph**

SNAP scoops a hat trick of top honours at two ceremonies

The charity received recognition with a Star of Brentwood Award for its contribution to the local community during the 20 challenging months since the pandemic began, at the Brentwood Borough Council's Stars of Brentwood Awards event in November. This

Chamber of Commerce **Brentwood Business Awards** SNAP families will be delighted to learn that

A week later and the

thrilled with a double

win at the Brentwood

SNAP team were

our weekly Facebook Live music session won the Best Innovative Initiative Award.

This category was for businesses that have introduced an innovative product, process or service within the last two years. At the pinnacle of the event the team present on the night were bowled over as SNAP was announced as the Awards overall winner by scooping the Best Business Award. All the finalists in the categories were considered for this award and interview by



Pinney Talfourd Solicitors.

"Pinney Talfourd feel that SNAP is a really deserving winner of Best Business at the Brentwood Awards. Covid presented a huge challenge for all charities in terms of providing a service and fundraising. SNAP continued to provide an amazing service using innovative platforms such as Facebook Live through a very challenging time to meet their clients needs," said Catherine Polli, Client Services Partner, Pinney Talfourd Solicitors.

is such a special award to receive as the public nominate good causes that have gone above and beyond for Brentwood families - thank you to everyone who took the time to bring SNAP to the attention of the Award Committee.



SNAP's weekly Facebook Live music session leapt out of the screen and into an evening of musical magic at The SNAP Centre attended by some of the dedicated listeners since the session began back in April 2020. Show founders Dale and Emily were also joined by SNAP team member

At the interval attendees tucked into an authentic curry from Tastefully Yours Catering. A further evening is being planned for this year

in coming along please email events@

snapcharity.org • Join our weekly music session live on our

SNAP Facebook every Friday at 9.30am.

# Sensational showtime!

Some of SNAP's older Drama Club students delivered a showstopping performance at their SNAP Christmas play. Families and the SNAP Team were treated to a fantastic re-imagining of the well-loved stories of The Elves and the Shoemaker, The Three Billy Goats Gruff and Pinnochio.

Performed for the first time on a real stage at Brentwood's Grove House School, the group supported and encouraged each other through a brilliant performance. Proud parent Karen summed up the families' joy: "The children were marvellous. The performances of the cast not only had you in stitches but also managed to bring a tear to your eye. The evening had been planned to ensure everyone's needs were met to avoid any anxieties and was done brilliantly.'



Fellow parent Stevie added: "It was so wonderful to see the relationships and interactions that the amazing staff at SNAP facilitate. I am so happy that my child is able to participate and become part of he drama group.

'The team made it feel safe and well organised but most of all a memory that I believe my son and I are lucky to have during these times."

### **Preschool festive fun**

Two Christmas party sessions for toddlers brought joy and laughs to families in mid-December. The SNAP Team were on hand with games, crafts and Santa even took time out from his busy schedule to bring his sleigh along for a visit ensuring these sessions were extra special!



### Double disco delight

The SNAP Centre activity hall was the venue for two Christmas Discos held in December for some of our Young People. Skittleman ensured everyone was entertained while parents relaxed upstairs with refreshments. There was even a moment with attendees and their parents dancing to the 'Baby

SNAP parent Karen: "Thank you for giving our kids the opportunity to thoroughly let themselves go and enjoy themselves in a loving and safe environment.'

### family services

Music therapy is a proven use of musical interventions to help a person's development. **Delivered by trained** professionals it is widely used as part of many of SNAP's weekly activity sessions for children and young people.

Even though it was another challenging year in 2021 **SNAP** continued to introduce new activities such as a SNAP Choir for young people and



choir has become a

their time in the

music.

# Songs of praise then one for parents too! for our connected choirs

The aim of the choir is to help participants feel more confident, connected and less isolated which has the knock-on effect of improving their emotional wellbeing.

SNAP's two choir sessions run during term time - with one for young people aged 8-25 and a separate one for parents.

For our young people this after-school club is currently a remote session where our attendees sing a variety of songs led by our music therapist.

Attendees request which warm up activities and songs they would like to do and then everyone sings a song together, learning the melody and sometimes harmony parts. This gives them greater ownership of the choir and also helps with communication, social skills and awareness of others, waiting until it is their turn to choose the song.

Everyone except the music therapist

is muted, in part to help with the internet delay but also to enable participants to conquer any self-consciousness. The space to come and sing emphasis of these activities together in a supported is to have fun and join in, environment. From day participating however they one, everyone was singing like. There is a huge range of needs within the group and everyone takes part in their own way, helping them to overcome barriers and ensure that they have fair access to music making.

SNAP's resident music therapist, Emily, is delighted by how the sessions are developing.

"The choir for young people provides a safe space to explore their voices, from the comfort of their own home. Each week, a different member of the choir chooses a song for the following week, providing the

> opportunity to share their musical preferences with everyone.

Our sessions follow a similar format each week, even allowing for an opportunity for each person to have a solo, if they would like to!

The choir is a lot of fun, and everyone is always so supportive of each other.

We've even taken part in two different recording projects now and are "Our parent looking forward to what is next

for our choir!"

Following the success of the initial choir, parents asked if they could join the fun too!

"Our parent choir has harmonies and enjoying become a space to come and sing together in a supported environment. From day one,

everyone was singing harmonies and enjoying their time in the music - I think some people may have even surprised themselves," added Emily.

"We began our sessions as a monthly event, not wanting to add the pressure of regularity for those who wanted to come, but people have enjoyed it so much we have decided to go fortnightly from the beginning of the New Year. It brings me great joy to provide a space at SNAP where people can nurture their own mental health and wellbeing through singing and I would love to see the parent choir performing and sharing their wonderful voices with everyone."

SNAP parent Lindsay is delighted her son, Nathan, is enjoying the camaraderie of being in a choir and that his favourite part is the opportunity it brings to make friends with other people who also enjoy singing.

"He likes working towards the recording of everyone singing for special occasions.

"Through SNAP Nathan has also been able to access one-to-one music sessions. Music has always had a relaxing and calming influence on him and through exploring music with Emily he discovered just how powerful music can be. Continued on page 5. >>



### family services

#### << Continued from Page 4.

As a result, Nathan performed two solo songs at SNAP's Christmas Drama Show.

"We knew Nathan enjoyed singing in the shower and car but it was a wow moment to see him stand up in front of his drama cohort and other SNAP families and sing his original songs. We couldn't be prouder and we know it's because his self esteem has grown through taking part in Choir, Drama and Music Therapy and he felt safe and supported at a SNAP event. We also have to mention Friday Music on Facebook Live, we always try to start our Friday's watching along it's fabulous!

"Nathan is also a member of The SNAP Drama club which has been a mix of online and at The SNAP Centre. Drama has helped Nathan to develop his self confidence, come up with ideas and step out of his comfort zone. He has been working hard towards the Christmas performance where he narrated his part brilliantly. He had listened to Alli's advice and projected his story telling with animation. We thoroughly enjoyed watching them all acting out their roles, it really was an entertaining evening and all the kids personalities came shining through.

As a family we have been coming to SNAP for around eight years. In the beginning we joined the after school SNAPtastic and holiday Stay and Play session. From the start visiting the SNAP Centre provided support for all of us, there was no judgement only support and although it takes a while to let the protective guards down it's the staff and environment that eventually make it possible to lower the defences."

SNAP parent Nikki and her family have accessed a wide number of activities and services at the charity over the years and having often thought about joining a choir before, but not feeling very confident until now, she is finding the SNAP sessions just as supportive as those attended before.

"The SNAP sessions have been fun, relaxing and enlightening! I knew I'd be amongst people in the same boat. Knowing I didn't have to explain about having a child with special needs to anyone."

# Billy's bear gets BBC boost

Billy and his mum Mandy appeared on a special edition of hit BBC programme The Repair Shop for Children in Need and couldn't believe the transformation of Billy's best friend, Henry the Bear. Henry has been a big part of Billy's life and had recently been looking very much the worse for wear. Here Mandy describes her surprise when their plea to the show was answered and how Billy was overjoyed with his friend's new lease of life.

"We had a fantastic time at The Repair Shop. I have had a few comments about how comfortable Billy and I look on the programme but that was totally down to the fact that everyone made us feel welcomed they are as nice as they all appear!

"At the first session of filming there was just a small crew and the Teddy Bear Ladies, Amanda and Julie, which really helped. When we went back for the 'reveal' there were more experts in the barn but it wasn't a problem as we were aware of what we had to do. Everyone was so brilliant with Billy and totally got how important Henry the Bear is to him. We were so thrilled with

how they had mended Henry and kept his character at the same time. What an experience - memories we will keep forever.

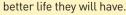
"Henry has always been a little bit cheeky but his new found confidence seems to have escalated this. Billy has come home from school and found that Henry has hidden things or eaten one of his favourite snacks! Oh well it's great to have him home and reunited with his best friend.

"We first heard about SNAP through another parent and they couldn't recommend them highly enough."

"When I first contacted SNAP they immediately made me feel at ease and I was able to discuss Billy and his needs, which believe me, isn't always easy. It is a really special skill that all of their staff have without exception.

"Since then we have been lucky enough to enjoy a wide variety of activities and services. We started by attending some play sessions which not only allowed Billy to explore new environments and activities but also allowed me to have an

> hour where I could have a cup of tea and a chat either to other parents or to a member of the SNAP team. There was also the opportunity to use their very well stocked library of information which was invaluable as the more we know about our children and how we can help them, the



"Billy is now a member of the choir and one of the drama groups, which he absolutely loves. Emily and Alli who run both of these are full of what I like to call 'The SNAP spirit' where EVERYTHING is about the children and their enjoyment.

BBC

"Billy and I have also been lucky enough to join SNAP on trips to Colchester zoo that was entirely funded by Brentwood Rotary Club and included transport, goodie bag and spending money for all of the children - unforgettable memories.

"But SNAP are also very much there for us parents. I have really benefited from some of the many courses they provide - run by professionals - covering many aspects of special needs. I am also a member of their newly formed parents choir which I love! A chance to socialise, sing and more of that lovely tea. What a combination!

Billy absolutely loves choir. He has always loved singing but it is so good to be part of a choir where everyone is encouraged to participate and give it their all. Being online it was a real lifeline during lockdown and Billy loved being able to connect with his friends, and the team. He has particularly enjoyed doing the recent Christmas collaboration where everyone recorded their own rendition of Wizard's 'I wish it could be Christmas everyday' and Emily worked her magic to put it all together.

Being part of SNAP's Drama Group has really helped Billy with his confidence and social skills. It has also really helped his speech and communication which has been really wonderful to see as Billy has struggled with this previously.

"Thank you SNAP for all you do. It has made such a difference to have you in our lives."

To watch Billy and Henry on Children in Need visit - www.youtube.com/ watch?v=FemhgZom20c





### family services

### January to April 2022 opportunities

SNAP is pleased to offer the opportunity to access our Specialist Talks via online webinars via the Zoom app. We are thrilled to be able to announce we have secured funding from NHS Charities Together and Mid and South Essex Hospitals Charity which will enable us to offer them **FREE for families for a limited time.** A nominal charge for Professionals to attend still applies.

WEBINAR: Dyslexia and Persistent Literacy Difficulties with SNAP's Information & Admin Manager Kate

#### Wednesday 2nd February - 11.00am

Looking at the impact of dyslexia and persistent literacy difficulties. This session will provide a broad overview of the condition and look at strategies to support.

WEBINAR: Requesting an
Education, Health and Care Needs
Assessment with Hannah from
SENDIASS

#### Wednesday 9th February 11.00am + 7.00pm

Hannah from Essex SENDIASS will discuss what an Education, Health and Care Needs Assessment is and why your child might require one. She will look

World-renowned Clinical psychologist Professor Tony Attwood will be returning in 2022.

"The content was very insightful and helped me to understand some of my child's behaviours more. The strategies helped me to feel more empowered as a parent."

at the law around applying for a needs assessment, myth busting common concerns and what happens if the assessment is or isn't agreed.

### THE SNAP CENTRE: Neurodiverse Parents Coffee Morning

#### Wednesday 23rd February 11.00am

SNAP is hosting its first coffee morning specifically for parents who are (or think they may be) neurodivergent. No formal diagnosis is required to attend. Neurodivergent is anyone who has some kind of cognitive variation, such as those on the autism spectrum, or with ADHD, Dyslexia, Dyspraxia etc.

### THE SNAP CENTRE: SNAP Parents Coffee Morning

#### Wednesday 2nd March, 11.00am

SNAP parents are invited to attend the centre for a chance to touch base with SNAP and an opportunity to meet other parents.

# WEBINAR: Autistic Anxiety, Autistic Children, and Education with Dr Luke Beardon

#### Wednesday 9th March - 11.00am + 7.00pm

For the first time SNAP will be joined virtually by Dr Luke Beardon, an acclaimed author and Senior Lecturer in Autism at Sheffield Hallam University. His inclusive approach is widely respected as he celebrates autistic uniqueness

and strengths, whilst exploring way to support them to thrive and reach their full potential. Luke will discuss autistic anxiety and what it might mean, which – be warned – will be potentially distressing. However, he will then go through what might be done to alleviate autistic anxiety leading to happy autistic children.

### WEBINAR: EHCP Annual Reviews with Hannah from SENDIASS

#### Wednesday 16th March - 11.00am + 7.00pm

All Education, Health and Care Plans are required to be reviewed at least once a year. This is known as the 'Annual Review'. Hannah from Essex SENDIASS returns to discuss the annual review process, how they differ to other review meetings, how to prepare for them and your rights following the review.

WEBINAR: Understanding the language around gender identity, gender expression and LGBTQ+ with SNAP Family Support Adviser Dale

#### Wednesday 23rd March - 11.00am + 7.00pm

This talk will explore LGBTQ+ terminology, discuss the differences between gender identity, gender expression and sexuality. It will bring an awareness to the challenges SEND individuals face in the LGBTQ+ community and offer a safe space to ask questions and learn.

## Helping your child with daily tasks

SNAP's Information and Admin Manager, Kate recently gave a Specialist Talk explaining the meaning of Executive Functions and how to support their development in children.

"Executive Functions are the skills involved so that we can understand and get things done. For individuals with ADHD Independent Executive Functions is the primary area that is impacted and this affects their every day living. They can struggle with planning, organising, switching between tasks, losing track of time, staying focussed to complete a task and regulating their emotions. The levels of Independent Executive Functioning can correlate more with someone who is slightly younger than their actual age and this can be up to a third of their chronological age. "It's important to remember that everyone has good and bad executive functioning days. Their are many strategies that you can put in place to support your child."

- ★ Visual prompts and reminders such as colour coding and symbols to help trigger memory. Relate colours to different groups of things, or to help them remember their school pe kit have their trainers by the front door.
- ★ Write it down using sticky notes. Once your child can see the information right in front of them, it will help to jog their working memory (the pinboard we hold in our heads of how things get done!)

- ★ Be organised Have everything to hand before starting a task and a fixed place where everything is stored so it is easy to find.
- ★ Help sustain focus look at the environment around them such as sights, sounds, comfort levels. Look at the optimum time for completing tasks given energy levels. Don't overload them with tasks and look to see where tasks can be broken down into sections with 'breaks' in between.



- ★ Keep track of time Make time a measurable thing by using clocks. Helping your child see how much time has passed and how much is left.
- ★ Offer small rewards -Someone who struggles with executive functions will have trouble motivating themselves to complete tasks.

If you would like to view Kate's full webinar and receive all the follow-up information then please email familyteam@snapcharity.org

# **Terrific Terence**

fundraising

#### Grateful parent ran the London Marathon and raised an impressive £4,385 as a thank you

"My inspiration for helping SNAP came from the help my wife and I received and continue to receive from SNAP and in particular SNAP CEO Karen regarding our four year old son Frankie who has autism.

"SNAP has provided my family with advice, guidance and support, and without their help we would still be struggling to get our son diagnosed. Nothing has proven too big or small when seeking help from the charity.

The thought of being able to give something back to SNAP was enough for Terence to take on a huge challenge that he had never dreamed he would do.

"I can honestly say I have never once thought about running the London Marathon until my wife passed on an email from SNAP regarding people wishing to run the Marathon for them.

"I did long runs at school and I used to like running along the Thames but would never go further then 10 miles.

"Once I knew I was running for SNAP I immediately set up the fundraising pages and spread the word among family and friends. I posted my training progress a lot on instagram using the app to spread awareness of the run and who I was running for."

Although the training was a tough ask alongside daily life he gradually built-up to the long distances.

"My training was challenging and at times a complete emotional rollercoaster. I was so tired from work that I began to struggle to run after work so I started getting up at 4am and running 10 miles before work on a Monday and Wednesday, that would set me up for my longest run of the week

on a Saturday. Each week I would go a little further until I finally managed to run 20 miles on a Saturday a few times.

When the big day came last October it didn't get off to the best start but the 26.2 mile run ended with an amateur's dream timing.

> "My day started bad when I left my headphones at home haha. This meant I wouldn't be able to pace myself as I couldn't hear my time. I was a little nervous making my way to the event but once I started to run and hear the crowds all the nerves went away. I

did some reading up during training and I read that if an amateur could run the marathon in under four hours it would be considered excellent so I set my heart on coming in under four hours which I somehow managed to do.

And how did Terence celebrate afterwards?

"Pasta, pasta, pasta! It was all I could think of the last three miles so my family treated me to a lovely Italian."

And Terence would encourage others to take on a charity challenge one million percent and has already registered for his next events.

"I have already signed up for the Brentwood Half Marathon for SNAP and have registered in the ballot for this year's London Marathon. Knowing that I was raising money for not just an important and amazing charity but one which is so important to myself and family made the training and challenge mean everything to me. It got me up in the morning when I was shattered and drove me on over the line on the day when I was hitting the wall. The feeling of raising funds and completing the challenge is a feeling I'll never forget.



### Nothing lazy about these gamers' fab fundraising first!

SNAP's Community Fundraiser and avid gamer Sam recently joined event organisers. The LaZv Gamers group, led by SNAP supporter Dean Hassan, on a 24-hour long gaming

Working through a big list of predetermined games they competed

against each other with other viewers able to get involved in the games too at different times.

Dean explained what inspired him to come up with the idea. "After our very first visit to The SNAP Centre around five years ago we could see how vital SNAP is to the families and all the staff are amazing which made us want to help!

"We usually game anyway so a normal stream would not have been much of a difference. We wanted to do something bolder like a 24-hour race.

"The organising was fine as we had everything in place ahead of the day but things didn't quite go to plan on the day.



Setting up a few hours before was not as simple. Webcams not working, the racing rig crashed at the start of the race causing us to have to scrap all the plans and do a full F1 season in 24- hours instead

I think we were around 30 minutes late to the stream!

By the end of the challenge the group had raised £816.

"We only asked for donations on the stream or via our social media as we wasn't sure how it was going to go but it went very well so we are now more confident for next time and can start raising awareness earlier," said Dean.

"It was both fun and tiring. I think the main thing was anyone doing a longer stint on the racing rig was getting very achy towards the end and not exactly looking forward to their next go! I personally had a little nap when the event finished at 4.00pm and then slept in until around 11.00am the next day." The group is now making plans for its next gaming adventure.

# Tea-rrific way to raise some dough

#### How did you first hear about SNAP?

"I first heard about SNAP just over two years ago when my son was then five-years-old and really struggling at school. I was not getting very far with his school and was told that he was simply lacking in maturity. However I could tell he was struggling with every day life and I just knew that he was different. A friend told me about SNAP and so I called them and from that very first phone call they couldn't have been more understanding and supportive. There was no judgement."

# What activities and services have you accessed at SNAP and how have they been supportive to your family?

"I have come into the office several times to speak with the team to gain advice initially when I was trying to seek a diagnosis for my son and was given lots of suggestions for how to support him with his emotions, fidget toys to help him to stay focussed in the classroom, and most importantly SNAP empowered me to know what I could ask for in terms of support from my son's school as a reasonable adjustment.

#### **Brentwood Half Marathon**

Take part in this popular 13.1 mile run around Brentwood on Sunday 20th March, 2022 to help achieve your fitness goals and help support SNAP. Chip timings and medals for participants. There are also 5K fun run events too! As well as the great atmosphere of this event, there will be plenty of SNAP supporters cheering you on.

To register: Visit the official event website - <u>www.brentwoodhalf.org</u> Don't forget to let SNAP know you are running in aid of the charity too.

# Supporter Stephanie organised a coffee morning to fundraise for SNAP. Here she tells SNAP Matters all about it.



Speaking with SNAP gave me the confidence I needed in order to get the best possible support for my son."

# What inspired you to fundraise for our charity and what made you choose to host a coffee morning?

"I have held a couple of charity mornings previously which were always well attended, raising lots of money and I was so grateful for all the advice and support that I wanted to give something back."

### How did you prep for the event and how was it on the day itself?

"I organised a Facebook event and invited all of my local friends and family. My sister and my mum helped me with baking (my sister is an amazing baker and did some show stopping cakes including a lotus biscoff cake). I organised a raffle and with the help of my family and friends we had some great prizes so that really helped boost the money raised on the day.

### Having hosted an event like this have you got any top tips?

I would say make sure you advertise an event in advance, send reminders out nearer the time and put a list of attendees together so you have an idea of how many people you are catering for. I also roped my family in on the day to help serve the teas and coffees and help with the washing up!



Join us for a glamorous evening with welcome drink on arrival, three course meal, auction, raffle and entertainment with a live band, DJ and casino tables. £70.00 per person, tables of up to 10 people. If you would like to be added to our attendance list please email events@snapcharity.org.

We are looking to hold an auction at our SNAP Charity Ball as this can make a big difference to our fundraising total on the night. If you know of any individual or business that might be able to offer a prize that could be auctioned then we would love to hear from you on the above email address.

#### The Fat Turk Charity Dinner

Thursday 10th February 2022
Two sittings at 6.45pm or 7.15pm
Three courses for £32.50 per person.
Tables of up to 8 people. Enjoy outstanding and freshly prepared Turkish cuisine in stylish and vibrant surroundings at The Fat Turk.

To book and view the menu register your interest via events@spancharity.org

#### SNAP's Afternoon Jubi-tea

Monday 6th June at The SNAP Centre. Tables of up to 10 people with a morning and afternoon session. Invite your family and friends to join the SNAP Team at their annual Afternoon Tea this year celebrating the Queen's Royal Jubilee. Selection of sandwiches, cakes and of course the quintessential scones, jam and cream! Dietary requirements catered for.

Register interest: events@snapcharity.org

#### The 6 O'Clock Business Club

Tuesday 26th April, 6.00pm at The SNAP Centre In partnership with Brentwood Chamber of Commerce, the award-winning SNAP would like to invite businesses to a FREE after work forum for Brentwood business people. A great opportunity to network and learn more about the charity. This event will include an authentic indian buffet. To register your interest or discuss sponsoring this event please email events@snapcharity.org

#### SNAP Facebook Live Live

Friday 10th June at The SNAP Centre.
An evening for parent's, carers and supporters with the Facebook Live Team - Emily, Karen and Dale. Join us for an evening of music and entertainment with Emily and friends. Attend in person or via Zoom. £20.00 per person includes an authentic Indian meal. Please bring your own drinks and nibbles. Join online for £10.00.
Register interest: events@snapcharity.org

#### **Golf Day**

30th September at Thorndon Park Golf Club. Save the date!



