



Resources to Help Understand a Diagnosis of ASD

For Children

- Sesame Street Autism resources for young children - <https://autism.sesamestreet.org/>
- CBeeBies Pablo resources for young children <https://www.bbc.co.uk/cbeebies/shows/pablo>
- Amazing Things Happen - <https://youtu.be/7JdCY-cdgkl>
- Operation Ouch – Autism Explained <https://youtu.be/2Dw63tvUL5Y?t=1264>
- A Different Kind of Brilliant <https://youtu.be/y6g8QHWkKZU>

Books

- My Awesome Autism - *Nikki Saunders*
- The Superhero Brain - *Christel Land*
- My Autism Book - *Glòria Durà-Vilà and Tamar Levi*
- The Children's Guide to Autism - *Fiona H Reeves*
- Can I tell you about Asperger syndrome? - *Jude Welton*
- Can I tell you about Autism? - *Jude Welton*
- All Cats are on the Autism Spectrum - *Kathy Hoopmann*
- Dude I'm an Aspie, Kids Edition - *Matt Friedman*
- The ASD and Me Picture Book – *Joel Shaul*
- The Secret Life of Rose - *Rose Smitten*

For Young People

- Rebecca Burgess – The Spectrum Explained (comic) <https://the-art-of-autism.com/understanding-the-spectrum-a-comic-strip-explanation/>
- Ambitious About Autism - Young People Explain Autism - <https://www.youtube.com/watch?v=xTLUYda-008>
- Youth Council – Know Your Normal <https://www.ambitiousaboutautism.org.uk/what-we-do/youth-participation/youth-led-toolkits/know-your-normal>
- NE Autism Society - What is Autism? Four young adults talk about their experiences <https://www.youtube.com/watch?v=j8PLWc8xl4Q>

Books

- The Awesome Autistic Go To Guide - *Yenn Perkins and Tanya Masterman*
- The Spectrum Girls Survival Guide - *Sienna Castellon*
- The Asperkid's Secret Book of Social Rules - *Jennifer Cook O'Toole*
- Know Your Spectrum! Creative Writing Workbook - *Finn Monahan*
- Dude I'm an Aspie - *Matt Friedmann*
- Sisterhood of the Spectrum - *Jennifer Cook O'Toole (aimed at young women)*

For Parents

- NAS – What is Autism? (video) - <https://youtu.be/Lk4qs8jGN4U>
- NAS – What is Autism? Online information <https://www.autism.org.uk/advice-and-guidance/what-is-autism>
- NHS – Autism - <https://www.nhs.uk/conditions/autism/what-is-autism/>
- Ambitious About Autism – Early Years Parent Toolkit - <https://www.ambitiousaboutautism.org.uk/information-about-autism/early-years/parent-toolkit>

Books

- The Ice Cream Sundae Guide to Autism: An Interactive Kids Book for Understanding Autism – *Debby Elley*
- I am Special: A Workbook to Help Children, Teens and Adults with Autism Spectrum Disorders to Understand Their Diagnosis, Gain Confidence and Thrive - *Peter Vermeulen*
- Autism: A Practical Guide for Parents - *Alan Yau*
- Autism and Asperger Syndrome in Children, For Parents and Carers of the Newly Diagnosed - *Dr Luke Beardon*
- The Little Book of Autism FAQs - How to talk with your child about their diagnosis - *Davida Hartman*

The contacts and links given via this SNAP information sheet have been shared as a starting point for your own research. We believe the information to be genuine and correct at the time of publishing, however no responsibility for loss occasioned by any person acting or refraining from acting as a result of the material contained herein can be accepted by SNAP.

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