



SCHOOLS

SNAP - Special Needs And Parents ★ Guide for Education Specialists



First class support for SNAP!

**Thank
you!**

For supporting SNAP at your school

We couldn't be here for more than 2,000 families across Essex without the support of the local community.

www.snapcharity.org

01277 211300

Special Needs And Parents Ltd

Registered Charity No. 1077787 • A Company Limited by Guarantee in England and Wales No. 3805837

Registered Office: The SNAP Centre • Pastoral Way • Warley • Brentwood • Essex • CM14 5WF

SNAP activities

Detailed below is a list of educational activities you could try with your class, to help them understand different additional needs. You could encourage the children to take this information home, and share it with their families.

To help understand visual impairments

Things you'll need: Blindfolds for half of the class, and an obstacle course that children can be navigated through.

How to play: Place the children into pairs. One child must be given a blindfold to wear, while the other child must guide them through an obstacle course. (You can make the course as complex as you like!) The children giving the instructions will need to work out how they are going to guide the other child through the course, and what instructions they are going to give, making sure they are clear. The child being blindfolded will have to put their trust in their partner, while relying on their senses such as hearing and touch, to get through the course safely.



Points of discussion to consider: How did it feel to be blindfolded? Were you comfortable trusting your partner to guide you? Did you prefer wearing the blindfold or giving the instructions?

How to play: Ask each child to put a pair of thick socks on their hands and put a shirt on with buttons. Then get the children to try and do the buttons up, whilst wearing the socks on their hands. This should be a tricky task to do, and will highlight how coordination may be more difficult for some people than others.

To help understand coordination difficulties

Things you'll need: All children participating will be required to wear a pair of thick socks and a shirt with buttons over their clothing.

Points of discussion to consider: How did this activity make you feel? Did you like wearing the socks on your hands, or did you find it frustrating?



To help understand hearing impairments

Things you'll need:
No equipment required!

How to play: Ask your class to line up in order of the day and month they were born, from January 1st to December 31st. This task needs to be done without talking to each other, so the children can experience what it is like to complete an activity without hearing. They will need to come up with ways to communicate without using their voices. If they complete this task quickly, you could get them to do different orders e.g. shoe size, or height. You could also challenge them to find and use different methods of communication.



Points of discussion to consider: How did you find this task? Did you struggle not being able to talk? What method of communication did you prefer using?

It is just as important for children to understand hidden disabilities as it is physical disabilities. The National Autistic Society (NAS) have created a great set of school resources for their autism awareness week that can be downloaded for free. The packs they provide are targeted at different year groups, so you will be able to find the one that best suits the ages of the children in your class. Please see the link below for details on how to access the downloadable resources.

<http://www.autism.org.uk/get-involved/world-autism-awareness-week/schools.aspx>

To help understand autism

Fundraising ideas

If you are looking for more ways that your school can fundraise for SNAP on the big day, here's a few ideas...



Bake Sale

Make some yummy cakes and hold a bake sale at school selling them to your classmates and teachers.



Guess the amount

Fill a glass jar full of sweets and charge people a small amount to guess the amount there are inside, and award the closest guess person the sweets!

Car Wash

Get the whole school involved in washing teachers' and parents' cars in return for donations.

Spelling challenge

Compete in teams or as individuals to spell out words. Get sponsored per correctly spelt word by family and friends. The spellings get more difficult until you have a winner(s).



Sponsored game

Take on a challenge with your classmates such as a keeping silent or jumping on a trampoline for a set amount of time and get sponsored to reach your goal.

School's got talent

Whether you can sing, dance, juggle, play a musical instrument, tell jokes or another unique talent, organise a show, sell tickets and award prizes.

Picture this

Put on an art show, and award prizes. Ask parents to pay a nominal entrance fee to enter the gallery at the end of the school day.

**For more help and
and ideas contact:**

fundraising@snapcharity.org

01277 245345

SNAP happy to help

Special Needs and Parents - is an Essex charity that helps families with children and young people who have any special need or disability



SNAP offers a helping hand to thousands of families who need support in a variety of ways.

No formal diagnosis or professional referral is necessary to access SNAP services, available to families of children and young people aged 0 to 25. Facilities at The SNAP centre include a training room, a multi-purpose activity hall, multi-sensory room and specialist IT suite.

"When parents first come to The SNAP Centre they often feel isolated and don't know where to turn, but with SNAP's support they grow in strength and knowledge and become better equipped to give the best possible help to their children," says Karen Boath, Manager (Families).



The SNAP Centre offers a wide range of services

Parent Advice and Support

- Helpline (email and telephone)
- Face to Face Parent Support
- Specialist Talks and Training Courses
- Library of Specialist Books and DVDs
- Website with SNAP Directory of useful contacts
- Online Information Network
- Counselling
- Education Advice Sessions

Activities

- Parent and Pre-school Children's Sessions
- Music, Yoga, Drama and Activity Groups
- Holiday Sessions
- SNAP+ (for older children and young people)
- Sibling Support
- Multi-Sensory Room
- Specialist IT Suite

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Professionals SNAP organises a diverse calendar of training opportunities and events, ranging from large specialist talks, specific issue workshops and bespoke sessions. A wide range of books and informations sheets is also available from the SNAP specialist library.

Helping to make the difference

£10

could fund art and messy play materials for a pre-school activity club. These sessions provide a stimulating and sensory experience for the children.

2,300

families are currently being supported by SNAP, with 1,464 parents/carers and 927 children and young people attending regular activities

£50

could fund a one-hour individual session for a child whose condition (e.g. lack of immune system) means they are unable to participate in a group session.

4,712

this is the number of calls and emails received into our SNAP Helpline last year.